

People First for Young Adults

Young Adults Ages 14-26

Second Tuesday of the month
6:30pm - 8:00pm

The Arc of Northern Virginia Offices
2755 Hartland Road, Suite 200
Falls Church, VA 22043



People First for Young Adults

is a social and self-advocacy group for youth with disabilities ages 14-26.

The group is facilitated by Diane Monnig, Transition Manager, The Arc of Northern Virginia, and Ken Henz, Toastmasters International.

The group focuses on self-advocacy, public speaking skills, plans social outings, and learns from guest speakers on topics of life skills, social skills, and advocacy.

We encourage independent participation but occasionally parental support might be needed.

Please feel free to call Diane about your child's needs and accommodations.

2017 Dates

Time: 6:30PM-8:00PM

January 10

February 14

March 14

April 11

May 9

June 13

July 11

No August Meeting

September 12

October 10

November 14

December 12 - Holiday Dinner TBD



For More Information Please Contact:

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