



PEOPLE FIRST FOR

YOUNG ADULTS



People First for Young Adults

is a social and self-advocacy group for youth with disabilities ages 14-26. The group is facilitated by Diane Monnig, Transition Manager, The Arc of Northern Virginia, and Ken Henz, Toastmasters International.

The group focuses on self-advocacy, public speaking skills, plans social outings, and learns from guest speakers on topics of life skills, social skills, and advocacy.

We encourage independent participation but occasionally parental support might be needed.

Please feel free to contact Diane about your child's needs and accommodations.

2019 Dates

Time: 6:30PM-8:00PM

January 8

May 14

September 10

February 12

June 11

October 8

March 12

July 9

November 12

April 9

No August Meeting

December 10

All meetings are held at The Arc of Northern Virginia offices
2755 Hartland Road, Suite 200 Falls Church, VA 22043

For More Information Please Contact:

Diane Monnig, Transition Manager, The Arc of Northern Virginia

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