

3 MINUTE WEBINARS: WAYS TO USE SDM

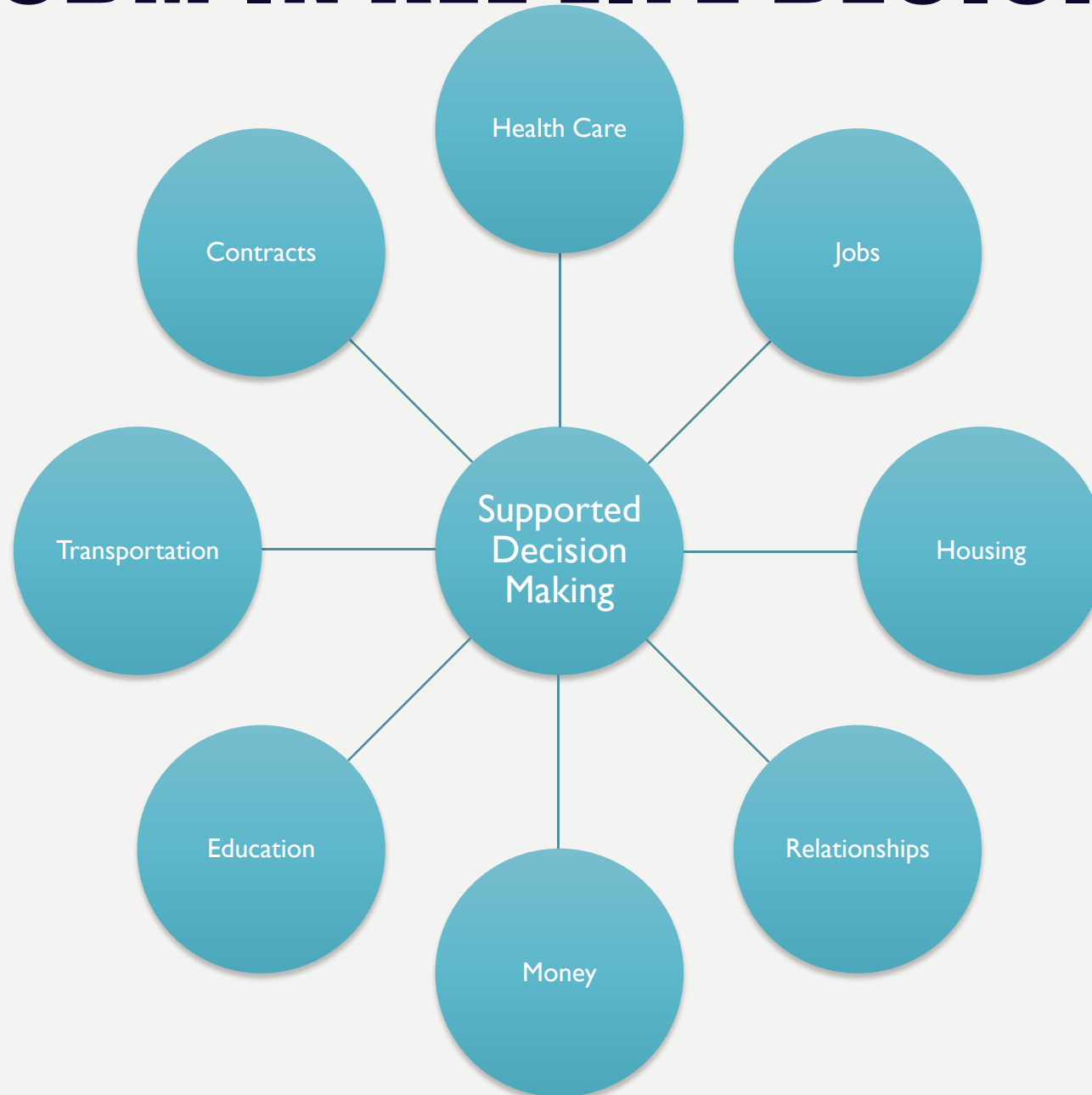


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VIRGINIA BOARD FOR PEOPLE WITH DISABILITIES, 1100 BANK STREET, 7TH FLOOR, RICHMOND, VA 23219, (800) 846- 4464, OR VISIT THE BOARD'S

USING SDM IN ALL LIFE DECISIONS



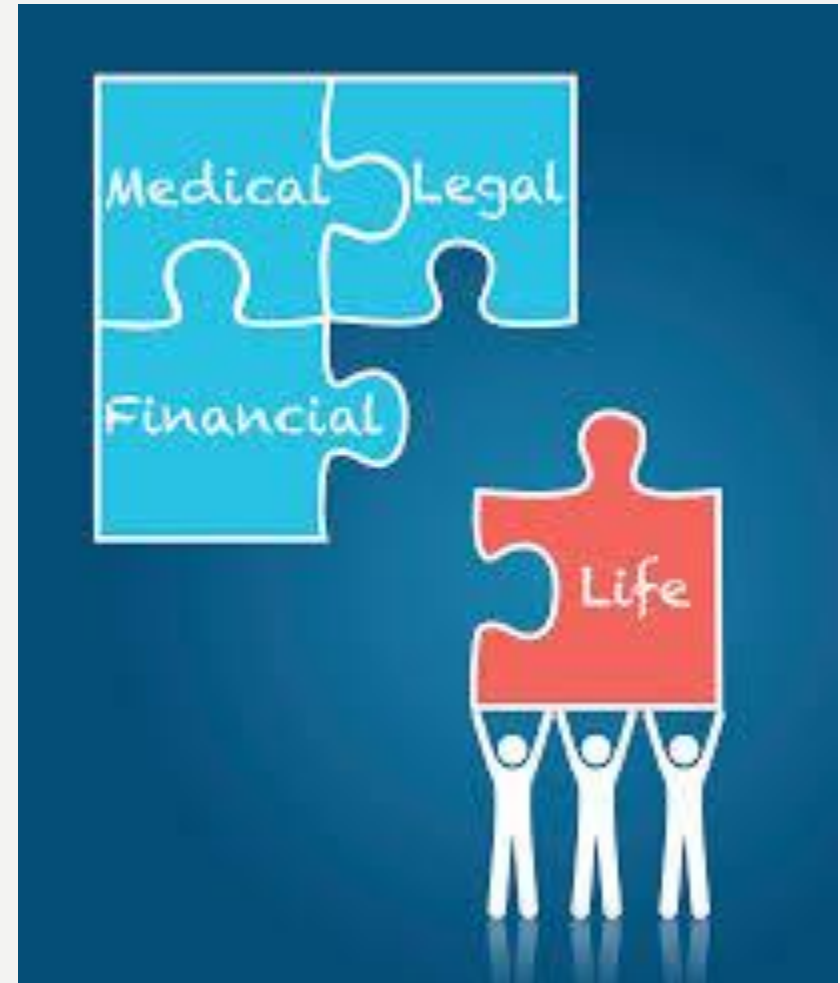
SDM CAN BE CREATIVE AND CUSTOMIZED

- Bring friends and allies
 - Make friends everywhere
- Powers of Attorney
- Use a Dream Board
- Pictures and stories
- Leverage technology
- Practice hard things



SDM RESOURCES

- The Arc of Northern Virginia
 - <https://thearcofnova.org/programs-services/sdm>
- National Resource Center for Supported Decision Making
 - <http://supporteddecisionmaking.org/>
- Center for Public Representation
 - <https://supporteddecisions.org/>



LEARN MORE ABOUT THE ARC OF NORTHERN VIRGINIA

- Visit us online at <https://thearcofnova.org/>
- Ask us a question at <https://thearcofnova.org/answers/>
- Find our Transition POINTS guides and tool kits at <https://thearcofnova.org/programs/transition/>
 - Early Intervention
 - Special Education
 - Securing a Future
 - Entering the World of Work
 - Finding a Home
 - Aging with a Disability