3 MINUTE WEBINARS:
WAYS TO USE SDM

LUCY BEADNELL, THE ARC OF NORTHERN VIRGINIA

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VIRGINIA BOARD FOR PEOPLE WITH DISABILITIES, 1100 BANK STREET, 7TH FLOOR, RICHMOND, VA 23219, (800) 846-4464, OR VISIT THE BOARD’S.
USING SDM IN ALL LIFE DECISIONS

- Health Care
- Jobs
- Housing
- Relationships
- Money
- Education
- Transportation
- Contracts
SDM CAN BE CREATIVE AND CUSTOMIZED

• Bring friends and allies
  – Make friends everywhere
• Powers of Attorney
• Use a Dream Board
• Pictures and stories
• Leverage technology
• Practice hard things
SDM RESOURCES

• The Arc of Northern Virginia
  – https://thearcofnova.org/programs-services/sdm
• National Resource Center for Supported Decision Making
  – http://supporteddecisionmaking.org/
• Center for Public Representation
  – https://supporteddecisions.org/
LEARN MORE ABOUT THE ARC OF NORTHERN VIRGINIA

• Visit us online at https://thearcofnova.org/
• Ask us a question at https://thearcofnova.org/answers/

• Find our Transition POINTS guides and tool kits at https://thearcofnova.org/programs/transition/
  – Early Intervention
  – Special Education
  – Securing a Future
  – Entering the World of Work
  – Finding a Home
  – Aging with a Disability