3 Minute Webinars: Ways to Use SDM

Lucy Beadnell, The Arc of Northern Virginia

74% of the funding for this product was provided by the Virginia Board for People with Disabilities under the federal Developmental Disabilities and Bill of Rights Act. For more information on the Board, please contact:

Virginia Board for People with Disabilities, 1100 Bank Street, 7th Floor, Richmond, VA 23219, (800) 846-4464, or visit the Board’s website
Using SDM in All life decisions

• Supported Decision Making can be used for all life areas including:
  Health Care
  • Jobs
  • Housing
  • Relationships
  • Money
  • Education
  • Transportation
  • Contracts
SDM can be creative and customized

- Bring friends and allies
  - Make friends everywhere
- Powers of Attorney
- Use a Dream Board
- Pictures and stories
- Leverage technology
- Practice hard things
SDM Resources

1. The Arc of Northern Virginia’s SDM Resource Library-
https://thearcofnova.org/sdm/
2. National Resource Center for Supported Decision Making-
http://supporteddecisionmaking.org/
3. Center for Public Representation-
https://supporteddecisions.org/
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  • Early Intervention
  • Special Education
  • Securing a Future
  • Entering the World of Work
  • Finding a Home
  • Aging with a Disability