3 MINUTE WEBINARS: WORKING WITH YOUR SDM TEAM

LUCY BEADNELL, THE ARC OF NORTHERN VIRGINIA

FUNDING FOR THIS PROJECT/PRODUCT WAS SUPPORTED, IN PART, BY THE VIRGINIA BOARD FOR PEOPLE WITH DISABILITIES, UNDER GRANT NUMBER 1801VABSDD, FROM THE U.S. ADMINISTRATION FOR COMMUNITY LIVING (ACL), DEPARTMENT OF HEALTH AND HUMAN SERVICES, WASHINGTON, D.C. 20201. GRANTEES UNDERTAKING PROJECTS WITH GOVERNMENT SPONSORSHIP ARE ENCOURAGED TO EXPRESS FREELY THEIR FINDINGS AND CONCLUSIONS. POINTS OF VIEW OR OPINIONS DO NOT, THEREFORE, NECESSARILY REPRESENT OFFICIAL ACL POLICY.
WHO ARE THE SUPPORTERS?

- People you love and trust
- Big or small teams
- People with expertise in all the areas you want and need help
WORKING AS A TEAM

• Talk together regularly
• Decide what you want to share with each team member
• Know that people will disagree and that is okay, so they can see the pros and cons of each choice
• The final decision is YOURS
DISAGREEING WITH YOUR TEAM

• Really consider what your team is saying and why
• See if you can find a compromise or a way to try an option
• You are allowed “dignity of risk”
• Still be grateful for their time and help if you decide to do things your own way
LEARN MORE ABOUT THE ARC OF NORTHERN VIRGINIA

• Visit us online at https://thearcofnova.org/ and https://thearcofnova.org/sdm
• Ask us a question at https://thearcofnova.org/answers/

• Find our Transition POINTS guides and tool kits at https://thearcofnova.org/programs/transition/
  – Early Intervention
  – Special Education
  – Securing a Future
  – Entering the World of Work
  – Finding a Home
  – Aging with a Disability