CELEBRATING
ACHIEVEMENTS
TOGETHER

The Arc
Northern Virginia

2021 Annual Meeting
Thursday, November 18, 2021
AGENDA

WELCOME
Lissy John - President

STATE OF THE ARC OF NORTHERN VIRGINIA
Lissy John - President

BUSINESS MEETING
Approval of the Minutes of the 2020 Annual Meeting
Craig Heizer - Secretary
State of Finances
Peter Dressel - Treasurer
Election of Board Members
Matt Leland - Governance Committee Chair
Election of Board Officers
Matt Leland - Governance Committee Chair
Revision to the Chapter Bylaws
Matt Leland - Governance Committee Chair

PRESENTATION OF AWARDS
The Jessica Burmester Volunteer Award
Presented by Rikki Epstein to Nancy Hemenway

The Rusty Garth ‘You Are The Change’ Advocacy Award
Presented by Judi Garth to Joyce Kelly

LEGISLATIVE PANEL
Moderated by Lucy Beadnell - Director of Advocacy

CLOSING REMARKS
Lucy Beadnell - Director of Advocacy
CALL TO ORDER
President Lissy John called The Arc of Northern Virginia’s Annual Meeting to order at 7:31 p.m. VIP guests were recognized. Ms. John gave the State of The Arc of Northern Virginia address.

APPROVAL OF MINUTES
Via a poll conducted of the membership, the minutes of the November 21, 2019 were approved without objection.

TREASURER’S REPORT
Treasurer Peter Dressel presented the organization’s financial statement for FY 2020. Highlights included:
- The financial position of the Arc of Northern Virginia has improved over the last year.
- The line of credit was fully paid off.
- The fiscal year budget for the organization is just over $2,000,000.
- The organization’s income and expenses are currently tracking the budget.

ELECTION OF BOARD MEMBERS
Governance Committee Chair, Mary Ford, thanked departing Board members Kevin Paluszak, Beth Curtis, David Egan, Cheri Belkowitz and Alisa Macht. She introduced the slate of five new directors, giving a brief biography of each candidate. There were polls of the membership to approve the slate of new directors and directors serving an additional term. Thru the online poll, there was a unanimous “aye” vote. The directors are:

New Directors elected to the Board are: Kenneth Black, Brian Creswick, Nicci Dowd, Elizabeth Gray, and Donalda Jones.

Board members appointed to an additional term are: Mark Albert, Sharon Cummings, Craig Heizer, and Lissy John

Directors continuing their current term: Sunny Blanco, Doug Church, Peter Dressel, Chris Ferenschak, Mary Ford, Chuck Kettenacker, Marisa Laios, Matt Leland, and Michael Thomas

Ms. Ford announced the next order of business would be to elect officers for 2021. The Governance Committee submitted the following slate of candidates: President – Lissy John, 1st Vice President – Mark Albert, 2nd Vice President – Michael Thomas, Treasurer – Peter Dressel. A poll of the membership was taken to approve the officers of the Board and it was approved unanimously.

ADJOURN
The President adjourned the official business portion of The Arc of Northern Virginia’s Annual Meeting at 7:56 p.m.

AWARDS
- Executive Director Rikki Epstein presented the 2020 Jessica Burmester Volunteer Award to Michael Thomas.
- Judi Garth presented the 2020 Rusty Garth You Are the Change Advocacy Award to Doran Coady. Accepting on Doran’s behalf was his father, Erin Coady.

Following the official membership meeting, a panel discussion and Q & A session was held. The following members of the Virginia Legislature were featured: Senator Jennifer Boysko, Delegate Mark Keam, Delegate Kaye Kory, and Senator Scott Surovell.

Respectfully submitted by Alisa Macht, Secretary on November 5, 2020
Candidates Nominated for a First Term on the Board of Directors:

Kavita Andrews
Evelyn Burke
Patricia Connally
Hannah Dannenfelser
Toby Latham

Candidates Nominated for an Additional Term on the Board of Directors:

Sunny Blanco  Marisa Laios
Doug Church    Matt Leland
Peter Dressel  Michael Thomas
Chris Ferenschak

Candidates Nominated as Officers for 2021:

President: Mark Albert
First Vice President: Michael Thomas
Second Vice President: Sunny Blanco
Treasurer: Peter Dressel
Secretary: Brian Creswick
Past President: Lissy John

Board Members Continuing Their Current Term:

Mark Albert
Craig Heizer
Brian Creswick
Sharon Cummings
Elizabeth Gray
Lissy John
Donalda Jones
Tonight we are pleased and fortunate to present a **Panel Discussion**

featuring the following members of the Fairfax County Board of Supervisors

Chairman Jeffrey C. McKay
Elected At-Large

Supervisor Dalia A. Palchik
Representing the Providence District

Supervisor Daniel G. Storck
Representing the Mount Vernon District

Supervisor James R. Walkinshaw
Representing the Braddock District
As a 501(c)(3) nonprofit organization (Tax ID# 54-0675506), The Arc of Northern Virginia relies on private support from individuals, corporations, organizations, and foundations to fund our efforts. Your generous donations help make it possible for us to provide programs, services, and advocacy so that people with intellectual and developmental disabilities can live “A Life Like Yours.”

There are many ways to help The Arc of Northern Virginia throughout the year:

**General Support** – Friends of The Arc of Northern Virginia have the opportunity to strengthen all of our programs, services, and advocacy, and to provide the annual funding that help us fulfill our vital mission.

**Tribute Gifts** – You can celebrate, honor, or remember your family and loved ones by making a donation in their name. Your gift will help further our work and let loved ones know how much you care.

**Donate Stock** – The donation of appreciated securities is an excellent way to make a significant impact. You may receive a charitable income tax donation for the fair market value of the gifted securities, increasing the value for your gift and decreasing the cost to you. You may also avoid any capital gains tax you would have paid had you sold the appreciated securities and donated the proceeds to us.

**Workplace Giving and Matching Gifts** – Many people are able to support us through a workplace giving campaign or a matching gift from their employer. We participate in the Combined Federal Campaign (CFC# 14617) and United Way (UWNCA# 8035) or you can enter us as a “write in” designation in other workplace campaigns. If you would like your workplace to highlight The Arc of Northern Virginia in newsletters, online communications, or on-site presentations, we would be happy to provide you with information and assistance.

**Team Challenge** – Each spring, corporate and community running teams sponsor and compete in our annual Team Challenge 5K foot race and distance walk. This community event gathers hundreds of runners to “Go the Distance for People with Disabilities.”

**Vehicle Donations** – The Arc of Northern Virginia accepts cars, vans, trucks, boats with a trailer, and recreational vehicles, whether the vehicle is running or not, from anywhere in the country. It's as simple as filling out a form, and we will take care of the rest and arrange a convenient time for free auto towing. The sale of your vehicle will further our work and may qualify you for a tax-deduction.

**Bequests and Planned Gifts** – There are a number of ways to demonstrate your commitment to our mission and make a long-term difference in the lives of people with ID/DD. A bequest, beneficiary designation, or other planned gift allows you to create a personal legacy and may offer tax advantages for your family as well. Your advisor can help identify the best option for you.

For more information on supporting The Arc of Northern Virginia, please contact Howard Stregack, Director of Development, at hstregack@thearcofnova.org or 703-208-1119 ext. 102.
Securing The Future

As you plan for the future of your child with disabilities, these priorities are paramount:

1. Money to make life safer and better
2. Disability benefits to cover essentials
3. Caring professionals to guide and support

The Arc of Northern Virginia Special Needs Trust program helps families meet all three goals.

- As trust manager, we make objective, system-savvy spending decisions.
- Partner KeyBank is trustee, ensuring solid management of trust assets.
- We safeguard disability benefits using deep and current knowledge of the systems.

Work with Us

FaxTrustServices@thearcofnova.org  
703-208-1119 ext. 137
Staff of
The Arc of Northern Virginia

Rikki Epstein
Executive Director
Lucy Beadnell
Director of Advocacy
Charlotte Bowen
Guardian Representative
Lisa Fong
Assistant Director of Services
Valerie Gambone
Program Coordinator, Tech for Independent Living
Caroline Girgenti
Support Coordinator
Evelyn Gu
Assistant Director of Trusts
Melissa House
Support Coordinator
Ana Hughes
Support Coordinator
Cheryl Johnson
Director of Services
Peter Leisen
Program Manager, Tech for Independent Living
Tia Marsili
Director of Trusts
Diane Monnig
Transition Manager
Trinitas Nsabimana
Account Manager, Trust Services
Larry Rockwell
Director of Communications & Community Relations
Hillary Rodak
Support Coordinator
Allie Shelby
Director of First Impressions
Noelle St. Amant-Aden
Program Director, Guardianship of Last Resort
Howard Stregack
Director of Development
Karyn Tan
Project Coordinator, Trust Services
Hannie Van Casteren
Account Coordinator, Trust Services
Ashley Welch
Client Manager, Trust Services
Alyssa Zawicki
Development Associate
'A Life Like Yours' Benefit Breakfast

Wednesday, March 23, 2022  7:30 - 9:00 a.m.
Hilton McLean Tysons Corner, 7920 Jones Branch Dr., McLean VA

Because everyone deserves the chance to live

A Life Like Yours

The Arc of Northern Virginia provides people with intellectual and developmental disabilities, parents, siblings and other caregivers with important information and support needed across the entire lifespan. From early intervention to aging with a disability, help is available for every age and every stage of life. Get to know The Arc of Northern Virginia and all we can do for you.

For free disability resources, visit our website
www.thearcofnova.org/get-started