FREE Family Information Sessions

Lunch Bunch

Select Tuesdays 12noon to 2pm



Brunch Bunch

Select Tuesdays 10am to 11:30am

2017 Lunch Bunch

Feb. 28 Mar. 28 April 25 May 23 June 20

Jan. 17

July 18 Aug. 15 Sept. 26 Oct. 24 Nov. 21

Dec. 19

Our Lunch Bunch sessions are an informal small group discussion with our staff and other families.

We hear your questions and concerns and spend the time helping you problem solve, find resources, and learn the tips and tricks to get what you need.

Feel free to bring a lunch!

Our Brunch Bunch sessions are an extension of our Lunch Bunch with a focus on Special Needs Trusts.

Tia Marsili, Director of Trusts, will walk you through the importance of planning for the future of your loved one with a disability, the importance of trusts, and other critical services and programs that you might consider. 2017 Brunch Bunch

Jan. 17 Feb. 28 Mar. 28 April 18 May 23 June 20 July 18 Sept. 26 Oct. 24 Nov. 14

All sessions are located at:

The Arc of Northern Virginia 2755 Hartland Road, Suite 200 Falls Church, VA 22043

Space is limited, Registration Required

Register Online at: https://thearcofnova.org/?p=5516

Questions?
Call us:
703-208-1119 x116

2017 Drop-In Support Group

January 3
February 14
March 14
April 11
May 9
June 6

July 5 August 1 September 12 October 10 November 7 December 5

Support Group

For parents and caregivers of children and adults with intellectual and developmental disabilities.

Once a month on Tuesdays 11:30am - 12:30pm

Sessions are located at:

The Arc of Northern Virginia 2755 Hartland Road, Suite 200 Falls Church, VA 22043

No RSVP needed, just drop-in. Group facilitated by a pre-licensed clinician from The Women's Center.