



# Celebrating Achievements Together



## 2020 Annual Meeting

Thursday, November 5, 2020



# **AGENDA**

## **WELCOME**

Lissy John - President

## **STATE OF THE ARC OF NORTHERN VIRGINIA**

Lissy John - President

## **BUSINESS MEETING**

Approval of the Minutes of the 2019 Annual Meeting

Alisa Macht - Secretary

State of Finances

Peter Dressel - Treasurer

Election of Board Members

Mary Ford - Governance Committee Chair

Election of Board Officers

Mary Ford - Governance Committee Chair

Revisions to the Chapter Bylaws

Mary Ford - Governance Committee Chair

## **A SPECIAL ANNOUNCEMENT**

LISSY JOHN - PRESIDENT

## **PRESENTATION OF AWARDS**

**The Jessica Burmester Volunteer Award**

Presented by Rikki Epstein to Michael Thomas

**The Rusty Garth 'You Are The Change' Advocacy Award**

Presented by Judi Garth to Doran Coady

Accepting is Doran's father, Erin Coady

## **LEGISLATIVE PANEL**

Moderated by Lucy Beadnell - Director of Advocacy

## **CLOSING REMARKS**

Lucy Beadnell - Director of Advocacy

# MINUTES OF THE ANNUAL MEETING OF THE ARC OF NORTHERN VIRGINIA

November 29, 2018

Knights of Columbus Club, 5115 Little Falls Road, Arlington, VA

## CALL TO ORDER

President Christine Plummer called The Arc of Northern Virginia's Annual Meeting to order at 7:26 p.m. VIP guests were recognized. Ms. Plummer gave the State of The Arc of Northern Virginia address. Introductions of staff and board of directors were completed.

## APPROVAL OF MINUTES

Charles Clark moved and Susan Pollack seconded the motion to approve The Arc of Northern Virginia 2018 Annual Meeting minutes. The minutes were approved without objection.

## TREASURER'S REPORT

Treasurer John Wyatt presented the organization's financial statement for FY 2019. Highlights included:

- The financial position of the Arc of Northern Virginia has improved over the last year.
- Many new grants were secured this year.
- The fiscal year budget for the organization is just over \$1,700,000.
- There have been financial challenges over the last year. However, the organization has implemented a 'get well' plan that cuts expenses and increases funds.

## ELECTION OF BOARD MEMBERS

Governance Committee board member, Mary Ford, thanked departing Board members Scott Dulman, Grace "Frankie" Francis, Stephen Hall, and John Wyatt. She introduced the slate of four new directors, giving a brief biography of each candidate. Ms. Ford asked for any additional nominations from the floor. There being none, she asked for a voice vote to appoint the slate of candidates to the board for a term beginning in January 2020. The assembled voted "aye." She also asked for a voice vote to confirm the new directors, directors who are serving an additional term, and directors continuing their current term. The assembled voted "aye."

New Directors elected to the Board are: Sonny Blanco, Peter Dressel, Chris Ferenshak, Chuck Kettenacker.

Board members appointed to an additional term are: Doug Church, Beth Curtis, Mary Ford, Marisa Laios, Matt Leland, Christine Plummer, Michael Thomas.

Ms. Ford announced the next order of business would be to elect officers for 2020. The Nominations Committee submitted the following slate of candidates: President – Lissy John, 1st Vice President – Mark Albert, 2nd Vice President – Kevin Paluszak, Secretary – Alisa Macht, Treasurer – Peter Dressel. Nominations were declared closed. A vote was taken to approve the officers of the Board and it was approved unanimously.

## ADJOURN

The motion to adjourn the official business portion of The Arc of Northern Virginia's Annual Meeting was moved by Charles Clark and seconded by Michael Thomas. The motion was approved without objection. The business meeting adjourned at 7:39 p.m.

## AWARDS

- Executive Director Rikki Epstein presented the 2019 Jessica Burmester Volunteer Award to Mark Albert
- Judi Garth presented the 2019 Rusty Garth You Are the Change Advocacy Award to Jeannie Cummings
- Director of Advocacy Lucy Beadnell presented the 2019 Disability Inclusion Champion Awards to Sharon Bulova and John Cook

Following the official membership meeting, a panel discussion and Q & A session was held. The following members of the Virginia Legislature were featured: Delegate-elect Dan Helmer, Delegate Paul Krizek, Delegate Mark Sickles, Delegate John Cook, and Delegate Kathy Tran.

Respectfully submitted by Beth Curtis, Secretary on November 21, 2019

## ADDENDUM TO THE MINUTES

The name Beth Curtis, was incorrectly listed in the program, announced, and voted upon as being appointed to an additional Board term during the Annual Meeting. That was a mistake, as she is in the middle of a current term, ending on December 31, 2020.

Respectfully submitted, Beth Curtis, Secretary on December 9, 2019

## ELECTION OF BOARD MEMBERS AND OFFICERS FOR THE YEAR BEGINNING JANUARY 2021

### CANDIDATES NOMINATED FOR A FIRST TERM ON THE BOARD OF DIRECTORS:

Kenneth Black  
Brian Creswick  
Nicci Dowd  
Elizabeth Gray  
Donalda Jones

### CANDIDATES NOMINATED FOR AN ADDITIONAL TERM ON THE BOARD OF DIRECTORS:

Mark Albert  
Sharon Cummings  
Craig Heizer  
Lissy John

### CANDIDATES NOMINATED AS OFFICERS FOR 2021:

President – Lissy John  
1st Vice President – Mark Albert  
2nd Vice President – Michael Thomas  
Treasurer – Peter Dressel

### BOARD MEMBERS CONTINUING THEIR CURRENT TERM:

Sunny Blanco  
Doug Church  
Peter Dressel  
Chris Ferenschak  
Mary Ford  
Chuck Kettenacker  
Marisa Laios  
Matt Leland  
Michael Thomas



Tonight we are pleased and fortunate to present a  
**PANEL DISCUSSION**  
featuring the following members of the Virginia Legislature



**Senator Jennifer Boysko**  
33<sup>rd</sup> Senate District  
Representing parts of Fairfax, and Loudoun Counties



**Delegate Mark Keam**  
35<sup>th</sup> House District  
Representing part of Fairfax County



**Delegate Kaye Kory**  
38<sup>rd</sup> House District  
Representing part of Fairfax County



**Senator Scott Surovell**  
36<sup>th</sup> Senate District  
Representing part of Fairfax, Prince William, and  
Stafford Counties



## Ways to Support The Arc of Northern Virginia

As a 501(c)(3) nonprofit organization (Tax ID# 54-0675506), The Arc of Northern Virginia relies on private support from individuals, corporations, organizations, and foundations to fund our efforts. Your generous donations help make it possible for us to provide programs, services, and advocacy so that people with intellectual and developmental disabilities can live “A Life Like Yours.”

There are many ways to help The Arc of Northern Virginia throughout the year:

**General Support** – Friends of The Arc of Northern Virginia have the opportunity to strengthen all of our programs, services, and advocacy, and to provide the annual funding that help us fulfill our vital mission.

**Tribute Gifts** – You can celebrate, honor, or remember your family and loved ones by making a donation in their name. Your gift will help further our work and let loved ones know how much you care.

**Donate Stock** – The donation of appreciated securities is an excellent way to make a significant impact. You may receive a charitable income tax donation for the fair market value of the gifted securities, increasing the value for your gift and decreasing the cost to you. You may also avoid any capital gains tax you would have paid had you sold the appreciated securities and donated the proceeds to us.

**Workplace Giving and Matching Gifts** – Many people are able to support us through a workplace giving campaign or a matching gift from their employer. We participate in the Combined Federal Campaign (CFC# 14617) and United Way (UWNCA# 8035) or you can enter us as a “write in” designation in other workplace campaigns. If you would like your workplace to highlight The Arc of Northern Virginia in newsletters, online communications, or on-site presentations, we would be happy to provide you with information and assistance.

**Team Challenge** – Each spring, corporate and community running teams sponsor and compete in our annual Team Challenge 5K foot race and distance walk. This community event gathers hundreds of runners to “Go the Distance for People with Disabilities.”

**Vehicle Donations** – The Arc of Northern Virginia accepts cars, vans, trucks, boats with a trailer, and recreational vehicles, whether the vehicle is running or not, from anywhere in the country. It's as simple as filling out a form, and we will take care of the rest and arrange a convenient time for free auto towing. The sale of your vehicle will further our work and may qualify you for a tax-deduction.

**Bequests and Planned Gifts** – There are a number of ways to demonstrate your commitment to our mission and make a long-term difference in the lives of people with ID/DD. A bequest, beneficiary designation, or other planned gift allows you to create a personal legacy and may offer tax advantages for your family as well. Your advisor can help identify the best option for you.

**For more information on supporting The Arc of Northern Virginia, please contact Howard Stregack, Director of Development, at [hstregack@thearcofnova.org](mailto:hstregack@thearcofnova.org) or 703-208-1119 ext. 102.**



# A VIRTUAL WINE TASTING EVENT

Presented by:



FRIDAY, NOVEMBER 13<sup>TH</sup>  
5:30 - 6:30 P.M. \$75

- ◆ Four exceptional wines, shipped directly to you
- ◆ Live, online tasting event led by the vintner
- ◆ Optional Q & A session after the tasting
- ◆ Opportunity to purchase

A portion of the event proceeds and additional purchases will be donated to



For information, visit [thearcofnova.org/events/wine/](http://thearcofnova.org/events/wine/)

# Staff of The Arc of Northern Virginia

**Rikki Epstein**

Executive Director

**Noelle St. Amant-Aden**

Program Director, Guardianship of Last Resort

**Lucy Beadnell**

Director of Advocacy

**Alexandra Chevez**

Support Coordinator & Guardian Representative

**Kymberly DeLoatche**

Project Manager, Tech for Independent Living

**Lisa Fong**

Assistant Director of Services

**Camille Franco**

Project Assistant, Tech for Independent Living

**Caroline Girgenti**

Support Coordinator & Guardian Representative

**Evelyn Gu**

Assistant Director of Trusts

**Melissa House**

Support Coordinator & Guardian Representative

**Ana Hughes**

Support Coordinator & Guardian Representative

**Cheryl Johnson**

Director of Services

**Peter Leisen**

Project Coordinator, Tech for Independent Living

**Tia Marsili**

Director of Trusts

**Diane Monnig**

Transition Manager

**Trinitas Nsabimana**

Account Manager, Trust Services

**Larry Rockwell**

Director of Communications & Community Relations

**Hillary Rodak**

Support Coordinator & Guardian Representative

**Allie Shelby**

Director of First Impressions

**Howard Stregack**

Director of Development

**Karyn Tan**

Project Coordinator, Trust Services

**Alyssa Zawicki**

Development Associate



You can wonder what his future holds,  
or you can plan for it.



Financial and estate planning can be overwhelming, particularly with a loved one with a disability. It is important to work with a team who specialize in this area and take the time to understand your unique situation. The Arc of Northern Virginia Special Needs Trust enables families to plan for the future and people with disabilities to derive the greatest possible benefit. Don't wonder any longer. Call for an appointment today.

703-208-1119 ext. 101 ♦ [www.TheArcofNovaTrust.org](http://www.TheArcofNovaTrust.org)



Because everyone deserves the chance to live

**A LIFE LIKE YOURS**



The Arc of Northern Virginia provides people with intellectual and developmental disabilities, parents, siblings and other caregivers with important information and support needed across the entire lifespan. From early intervention to aging with a disability, help is available for every age and every stage of life.

Get to know The Arc of Northern Virginia and all we can do for you.



For free disability resources, visit our website  
[www.thearcofnova.org/get-started](http://www.thearcofnova.org/get-started)