



CELEBRATING ACHIEVEMENTS TOGETHER



2021 Annual Meeting

Thursday, November 18, 2021



AGENDA

WELCOME

Lissy John - President

STATE OF THE ARC OF NORTHERN VIRGINIA

Lissy John - President

BUSINESS MEETING

Approval of the Minutes of the 2020 Annual Meeting

Craig Heizer - Secretary

State of Finances

Peter Dressel - Treasurer

Election of Board Members

Matt Leland - Governance Committee Chair

Election of Board Officers

Matt Leland - Governance Committee Chair

Revision to the Chapter Bylaws

Matt Leland - Governance Committee Chair

PRESENTATION OF AWARDS

The Jessica Burmester Volunteer Award

Presented by Rikki Epstein to Nancy Hemenway

The Rusty Garth 'You Are The Change' Advocacy Award

Presented by Judi Garth to Joyce Kelly

LEGISLATIVE PANEL

Moderated by Lucy Beadnell - Director of Advocacy

CLOSING REMARKS

Lucy Beadnell - Director of Advocacy

MINUTES OF THE ANNUAL MEETING OF THE ARC OF NORTHERN VIRGINIA

November 5, 2020
Held On-line via Zoom Meeting App

CALL TO ORDER

President Lissy John called The Arc of Northern Virginia's Annual Meeting to order at 7:31 p.m. VIP guests were recognized. Ms. John gave the State of The Arc of Northern Virginia address.

APPROVAL OF MINUTES

Via a poll conducted of the membership, the minutes of the November 21, 2019 were approved without objection.

TREASURER'S REPORT

Treasurer Peter Dressel presented the organization's financial statement for FY 2020. Highlights included:

- The financial position of the Arc of Northern Virginia has improved over the last year.
- The line of credit was fully paid off.
- The fiscal year budget for the organization is just over \$2,000,000.
- The organization's income and expenses are currently tracking the budget.

ELECTION OF BOARD MEMBERS

Governance Committee Chair, Mary Ford, thanked departing Board members Kevin Paluszak, Beth Curtis, David Egan, Cheri Belkowitz and Alisa Macht. She introduced the slate of five new directors, giving a brief biography of each candidate. There were polls of the membership to approve the slate of new directors and directors serving an additional term. Thru the online poll, there was a unanimous "aye" vote. The directors are:

New Directors elected to the Board are: Kenneth Black, Brian Creswick, Nicci Dowd, Elizabeth Gray, and Donald Jones.

Board members appointed to an additional term are: Mark Albert, Sharon Cummings, Craig Heizer, and Lissy John

Directors continuing their current term: Sunny Blanco, Doug Church, Peter Dressel, Chris Ferenschak, Mary Ford, Chuck Kettenacker, Marisa Laios, Matt Leland, and Michael Thomas

Ms. Ford announced the next order of business would be to elect officers for 2021. The Governance Committee submitted the following slate of candidates: President – Lissy John, 1st Vice President – Mark Albert, 2nd Vice President – Michael Thomas, Treasurer – Peter Dressel. A poll of the membership was taken to approve the officers of the Board and it was approved unanimously.

ADJOURN

The President adjourned the official business portion of The Arc of Northern Virginia's Annual Meeting at 7:56 p.m.

AWARDS

- Executive Director Rikki Epstein presented the 2020 Jessica Burmester Volunteer Award to Michael Thomas.
- Judi Garth presented the 2020 Rusty Garth You Are the Change Advocacy Award to Doran Coady. Accepting on Doran's behalf was his father, Erin Coady.

Following the official membership meeting, a panel discussion and Q & A session was held. The following members of the Virginia Legislature were featured: Senator Jennifer Boysko, Delegate Mark Keam, Delegate Kaye Kory, and Senator Scott Surovell.

Respectfully submitted by Alisa Macht, Secretary on November 5, 2020

**ELECTION OF BOARD MEMBERS AND OFFICERS
FOR THE YEAR BEGINNING JANUARY 2022**

**CANDIDATES NOMINATED FOR A FIRST TERM
ON THE BOARD OF DIRECTORS:**

Kavita Andrews
Evelyn Burke
Patricia Connally
Hannah Dannenfelser
Toby Latham

**CANDIDATES NOMINATED FOR AN ADDITIONAL TERM
ON THE BOARD OF DIRECTORS:**

SUNNY BLANCO	MARISA LAIOS
DOUG CHURCH	MATT LELAND
PETER DRESSEL	MICHAEL THOMAS
CHRIS FERENSCHAK	

CANDIDATES NOMINATED AS OFFICERS FOR 2021:

President: Mark Albert
First Vice President: Michael Thomas
Second Vice President: Sunny Blanco
Treasurer: Peter Dressel
Secretary: Brian Creswick
Past President: Lissy John

BOARD MEMBERS CONTINUING THEIR CURRENT TERM:

Mark Albert
Craig Heizer
Brian Creswick
Sharon Cummings
Elizabeth Gray
Lissy John
Donalda Jones



Tonight we are pleased and fortunate to present a
PANEL DISCUSSION
featuring the following members of the
Fairfax County Board of Supervisors



Chairman Jeffrey C. McKay
Elected At-Large



Supervisor Dalia A. Palchik
Representing the Providence District



Supervisor Daniel G. Storck
Representing the Mount Vernon District



Supervisor James R. Walkinshaw
Representing the Braddock District



Ways to Support The Arc of Northern Virginia

As a 501(c)(3) nonprofit organization (Tax ID# 54-0675506), The Arc of Northern Virginia relies on private support from individuals, corporations, organizations, and foundations to fund our efforts. Your generous donations help make it possible for us to provide programs, services, and advocacy so that people with intellectual and developmental disabilities can live “A Life Like Yours.”

There are many ways to help The Arc of Northern Virginia throughout the year:

General Support – Friends of The Arc of Northern Virginia have the opportunity to strengthen all of our programs, services, and advocacy, and to provide the annual funding that help us fulfill our vital mission.

Tribute Gifts – You can celebrate, honor, or remember your family and loved ones by making a donation in their name. Your gift will help further our work and let loved ones know how much you care.

Donate Stock – The donation of appreciated securities is an excellent way to make a significant impact. You may receive a charitable income tax donation for the fair market value of the gifted securities, increasing the value for your gift and decreasing the cost to you. You may also avoid any capital gains tax you would have paid had you sold the appreciated securities and donated the proceeds to us.

Workplace Giving and Matching Gifts – Many people are able to support us through a workplace giving campaign or a matching gift from their employer. We participate in the Combined Federal Campaign (CFC# 14617) and United Way (UWNCA# 8035) or you can enter us as a “write in” designation in other workplace campaigns. If you would like your workplace to highlight The Arc of Northern Virginia in newsletters, online communications, or on-site presentations, we would be happy to provide you with information and assistance.

Team Challenge – Each spring, corporate and community running teams sponsor and compete in our annual Team Challenge 5K foot race and distance walk. This community event gathers hundreds of runners to “Go the Distance for People with Disabilities.”

Vehicle Donations – The Arc of Northern Virginia accepts cars, vans, trucks, boats with a trailer, and recreational vehicles, whether the vehicle is running or not, from anywhere in the country. It's as simple as filling out a form, and we will take care of the rest and arrange a convenient time for free auto towing. The sale of your vehicle will further our work and may qualify you for a tax-deduction.

Bequests and Planned Gifts – There are a number of ways to demonstrate your commitment to our mission and make a long-term difference in the lives of people with ID/DD. A bequest, beneficiary designation, or other planned gift allows you to create a personal legacy and may offer tax advantages for your family as well. Your advisor can help identify the best option for you.

For more information on supporting The Arc of Northern Virginia, please contact Howard Stregack, Director of Development, at hstregack@thearcofnova.org or 703-208-1119 ext. 102.



Securing The Future

As you plan for the future of your child with disabilities, these priorities are paramount:

1. Money to make life safer and better
2. Disability benefits to cover essentials
3. Caring professionals to guide and support

The Arc of Northern Virginia Special Needs Trust program helps families meet all three goals.

- As trust manager, we make objective, system-savvy spending decisions.
- Partner KeyBank is trustee, ensuring solid management of trust assets.
- We safeguard disability benefits using deep and current knowledge of the systems.

Work with Us



TrustServices@thearcofnova.org



703-208-1119 ext. 137

Staff of The Arc of Northern Virginia



Rikki Epstein

Executive Director

Lucy Beadnell

Director of Advocacy

Charlotte Bowen

Guardian Representative

Lisa Fong

Assistant Director of Services

Valerie Gambone

Program Coordinator, Tech for Independent Living

Caroline Girgenti

Support Coordinator

Evelyn Gu

Assistant Director of Trusts

Melissa House

Support Coordinator

Ana Hughes

Support Coordinator

Cheryl Johnson

Director of Services

Peter Leisen

Program Manager, Tech for Independent Living

Tia Marsili

Director of Trusts

Diane Monnig

Transition Manager

Trinitas Nsabimana

Account Manager, Trust Services

Larry Rockwell

Director of Communications & Community Relations

Hillary Rodak

Support Coordinator

Allie Shelby

Director of First Impressions

Noelle St. Amant-Aden

Program Director, Guardianship of Last Resort

Howard Stregack

Director of Development

Karyn Tan

Project Coordinator, Trust Services

Hannie Van Casteren

Account Coordinator, Trust Services

Ashley Welch

Client Manager, Trust Services

Alyssa Zawicki

Development Associate



*'A Life Like Yours'
Benefit Breakfast*



Wednesday, March 23, 2022 7:30 - 9:00 a.m.
Hilton McLean Tysons Corner, 7920 Jones Branch Dr., McLean VA

Because everyone deserves the chance to live

A LIFE LIKE YOURS



The Arc of Northern Virginia provides people with intellectual and developmental disabilities, parents, siblings and other caregivers with important information and support needed across the entire lifespan. From early intervention to aging with a disability, help is available for every age and every stage of life. Get to know The Arc of Northern Virginia and all we can do for you.



For free disability resources, visit our website
www.thearcofnova.org/get-started