

# 2022 Team Registration Form for Running & Fun Walk Teams



Go the Distance for  
People with Disabilities

The Arc of Northern Virginia  
Corporate & Community Team Challenge  
**5K Run and Fun Walk**  
**Sunday, May 1, 2022**

Team registration forms for customized team t-shirts must be emailed to [teamchallenge@thearcofnova.org](mailto:teamchallenge@thearcofnova.org) by April 13<sup>th</sup>. You can make changes or additions as needed through race day morning. If this is the first time your group is participating or if your company logo has changed, please send your logo in a jpg or png format to [teamchallenge@thearcofnova.org](mailto:teamchallenge@thearcofnova.org). Running Teams may have 5-7 individuals participate. Fun Walk teams may have up to 10 participate. Race Start at 9:00am. Race Packets will be available for pick up on April 29th at a location TBD or on race day morning.

Running Team \_\_\_\_ Fun Walk Team \_\_\_\_

Corporate Coed \_\_\_\_ Corporate Men \_\_\_\_ Corporate Women \_\_\_\_ Community Open \_\_\_\_

\*\*\* Please note that Coed Teams must have at least 2 females

Team Captain Name:

Team Captain Email:

Team Captain Phone:

Company/Organization/Community Group:

TEAM NAME:

LAST NAME	FIRST NAME	SEX (required for runners only)	AGE (required for runners only)	T-Shirt Size (youth & adult sizes available)	EMAIL

Each company, organization, or community group will receive 2 additional t-shirts. Please indicate what size(s) you would like for these additional t-shirts.

ADDITIONAL T-SHIRT SIZES: