

2023 Team Registration Form



Go the Distance for
People with Disabilities

The Arc of Northern Virginia
Corporate & Community Team Challenge
5k Run and 2k Fun Walk or Roll
Sunday, June 4, 2023

Team registration forms for team t-shirts must be emailed to teamchallenge@thearcofnova.org by May 12, 2023. You can make changes or additions as needed through race-day morning. If this is the first time your group is participating or if your company logo has changed, please send your logo in a jpg or png format to teamchalleng@thearcofnova.org. Running Teams may have 5-7 individuals participate. Fun Walk or Roll teams may have up to 7 individuals participate.

Running Team ____ Fun Walk or Roll Team ____

*Corporate Coed ____ Corporate Men ____ Corporate Women ____ Community Open ____

**Please note that Coed Teams must have at least 2 female participants.*

Team Captain Name:

Team Captain Email:

Team Captain Phone:

Company/Organization/Community Group:

TEAM NAME:

LAST NAME	FIRST NAME	SEX <i>(required for runners only)</i>	AGE <i>(required for runners only)</i>	T-Shirt Size <i>(Youth & Adult Sizes Available)</i>	EMAIL

Each company, organization, or community group will receive 2 additional t-shirts. Please indicate what size of t-shirts you would like.

ADDITIONAL T-SHIRT SIZES: